



TRAUMATIC STRESS
INSTITUTE

Using the Risking Connection Anti-Racism Tool: A Community Conversation



Patricia Wilcox, LCSW
Meredith Reese, LPC
2022



TRAUMATIC STRESS
INSTITUTE

Introduction from Steve Brown





Introduction to the tool and how it was created

Committee Members

- Mary Jo Harwood, Klingberg, PA
- Pat Wilcox, Klingberg, CT
- Juwana Hall, Klingberg, OH
- John Engel, Klingberg, MA
- Steve Brown, Klingberg, MA
- Angie Doi (Independent) HI
- Aminah Ali, Klingberg, CT
- Alesia Starks (Independent) CA
- Darren Pight, Klingberg, CT
- Meredith Reese, Vista Maria, MI
- Alisha McClean, Yukon, Canada
- Tony Weaver, St. Anne's, CA



I wanna be in the room where it happens ...



Small Group Discussions



Two questions:

- **At what point, age, or stage of life did you begin to think of yourself racially?**
- **Please identify a “race-related” conflict, tension, or misunderstanding that remains unresolved in your life today.**

What does it feel like to people of color to keep having these discussions of racism- fatigue level



TRAUMATIC STRESS
INSTITUTE

Our Reactions to Adding the Anti-Racism Tool to RC Training

What is your reaction when you anticipate teaching this? What worries you? What excites you?





Attachment

- Respect for authority
- Legacy of racism
- Rupture and repair
 - Between Staff
 - With clients
- Attachments and VT





TRAUMATIC STRESS
INSTITUTE

Feelings management

- Science of safety
- Implicit bias- both with other staff and with clients





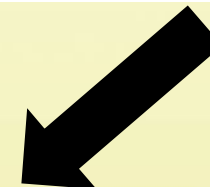
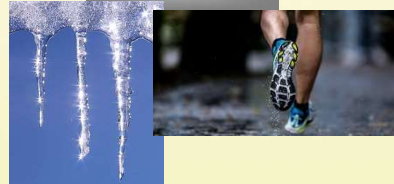
TRAUMATIC STRESS
INSTITUTE

Science of Safety

Assessment of
Safety is on-going



=



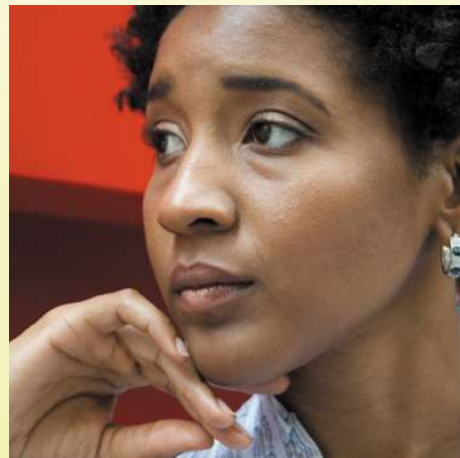
PROTECTION



Safe Staff = Effective Healing

Safe Clients = Ability to Heal and Grow

- How safe are our staff of color in our organizations?
- How can we acknowledge and validate our clients' experiences of danger from racism?





TRAUMATIC STRESS
INSTITUTE

Summary – what do you need? Next steps

- Submit in Chat



SCAN QR CODE FOR MORE INFO