



TRAUMATIC STRESS INSTITUTE

RC Day of Learning and Sharing: Social Justice in Supervision

November 1, 2022

A few resources were mentioned in the chat feed during this event. We've included them below for ease of access.

Book recommended by Rachel Schein as being helpful:

[Promoting Cultural Sensitivity in Supervision: A Manual for Practitioners](#)

by Kenneth V. Hardy, PhD

Laura Bramucci shared a list of questions that make up a Cultural Assessment her agency uses at intake:

1	Tell me about your cultural, ethnic identity?
2	What spiritual or religious beliefs are important to you and your family?
3	Have you been treated poorly because of your ethnicity, race or beliefs? If so, in what ways?
4	Have people made incorrect assumptions about you or your family in a way that's caused problems?
5	Does your culture and/or religious beliefs have a perspective on receiving counseling or mental health therapy?
6	What do you do and who do you turn to for help when your family has needs or troubles?
7	How does your culture help with coping from anxiety, sadness or other troubles?
8	Do you have anything you want to add that will assist us in better understanding your child?

T'Kai Howard suggested this resource:

[The Racial Healing Handbook: Practical Activities to Help You Challenge Privilege, Confront Systemic Racism, and Engage in Collective Healing](#)

by Anneliese A. Singh, PhD, LPC

Jacqueline Camacho suggested this book:

[My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies](#)

by Resmaa Menakem, MSW, LICSW, SEP



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