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Is Your IDD Organization or System Ready Yet for Trauma-Informed Care?


April 5, 2022
April 18, 2022




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Who We Are



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Traumatic Stress Institute

Mission: To foster the transformation of organizations and service systems to trauma-informed care through the delivery of whole-system consultation, professional training, coaching, and research.



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Core Services

Whole System Change Model to Trauma-Informed Care (TIC)

- ❖ Internationally-recognized model for changing systems to TIC

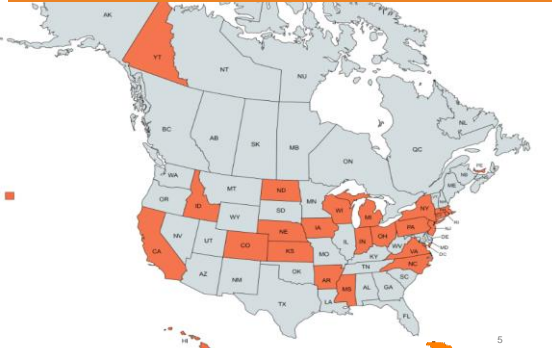
Trauma-Informed Care Research

- ❖ Attitudes Related to Trauma-Informed Care (ARTIC). The most widely used validated measure of TIC currently available

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83 TSI Client Agencies in 22 US States, 2 Canadian Provinces, and Jamaica




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Polls


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“Trauma Is the Elephant in the Room” (Karyn Harvey)

- Rate of victimization from violent crime for people with IDD is 2.5 times higher than those who are not IDD (Harrell, 2017).
- 31% of children with IDD suffered child maltreatment compared to 9% of nondisabled children (Sullivan and Knudsen, 2000) .
- Over the course of a year, 14% of direct care staff in IDD organizations admitted to acts of violence against adults with IDD and 35% said they witnessed violence against individuals (Strand, Benzein, & Saveman, 2004).

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Video

James Meadours talks with Dr. Karyn Harvey about trauma and shame



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What Is Trauma-Informed Care?

An approach where ALL levels of a system:

- REALIZE** the pervasive impact of ACEs and trauma
- RECOGNIZE** the signs of trauma in people served
- RESPOND** by applying the practices of TIC to system
- RESIST RE-TRAUMATIZATION** - provide service that heals rather than make things worse

(SAMHSA, 2014)



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Trauma-Informed Care

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Training, Trauma Assessment, or Trauma Treatment Alone

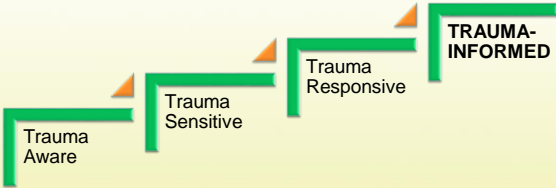
(necessary, but not sufficient)

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Developmental Framework for Trauma-Informed Approaches



The Missouri Model: A Developmental Framework for Trauma-Informed Approaches

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Outcomes Associated with Trauma-Informed Care

In General Human Service Organizations

- Decrease use of physical restraints (Azeem et al., 2011; Bloom & Farragher, 2011)
- Decrease in staff burnout (Hales et al., 2002; Handran, 2015)
- Increase in staff retention (Hales et al., 2002)
- Increase retention of clients in treatment (Hales et al., 2002)

In IDD Organizations

- Decrease in challenging behavior (Keesler & Isham, 2017)
- Decrease in use of PRN medications (Keesler & Isham, 2017)
- Decrease in staff compassion fatigue (Keesler, 2020)
- Increase in staff compassion satisfaction (Keesler, 2020)

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Trauma-Informed Care: A Paradigm Shift



<p>Not Trauma-Informed Model</p> 	<p>Trauma-Informed Model</p> 
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Underlying Assumptions



<p><u>Not Trauma-Informed Model</u></p> <p>What's wrong with you?</p> 	<p><u>Trauma-Informed Model</u></p> <p>What happened to you?</p> 
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Underlying Assumptions



<p><u>Not Trauma-Informed Model</u></p> <p>Priority placed on compliance.</p> 	<p><u>Trauma-Informed Model</u></p> <p>Priority placed on choice, collaboration, and recovery.</p> 
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Underlying Assumptions


<p><u>Not Trauma-Informed Model</u></p> <p>Agent of change solely is positive and negative reinforcement.</p> 	<p><u>Trauma-Informed Model</u></p> <p>Relationships also critical agent of change.</p> 
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Underlying Assumptions



<p><u>Not Trauma-Informed Model</u></p> <p>Negative behavior must be stopped (extinguished) quickly.</p> 	<p><u>Trauma-Informed Model</u></p> <p>Negative behavior viewed as adaptive. Serves a function - which we need to figure out.</p>
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Underlying Assumptions



<p><u>Not Trauma-Informed Model</u></p> <p>Direct Support Professional's (DSPs) role largely about behavior compliance</p> 	<p><u>Trauma-Informed Model</u></p> <p>DSPs' role expanded to that of healers</p> 
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Underlying Assumptions

<p>Not Trauma-Informed Model</p>  <p>Support person expected to be invulnerable. Strong feelings about the work viewed as unprofessional and weak.</p>	<p>Trauma-Informed Model</p> <p>Support person expected to be impacted by the work. Strong feelings inevitable.</p> 
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So, Now What?

Increase knowledge and awareness.

Resources:

- [Risking Connection for IDD](#)
- [Alive and Well Toolkit](#)
- [Road to Recovery Training Curriculum](#)
- [The National Association for the Dually Diagnosed \(NADD\) Resources](#)
- [Keesler \(2014\). Call for the Integration of Trauma-Informed Care Among IDD Organizations.](#)

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So, Now What?

Do a baseline assessment of TIC

Resource:

- [Attitudes Related to Trauma-Informed Care \(ARTIC\) Scale](#)
- [Trauma-Informed Climate Scale \(TICS-10\)](#)

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So, Now What?

Implement trauma assessment, referral, and treatment for individuals

Resources:

- [National Child Traumatic Stress Network Resources](#)
- [The National Association for the Dually Diagnosed \(NADD\) Resources](#)

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So, Now What?

Implement trauma-informed care as a whole system

Resources:

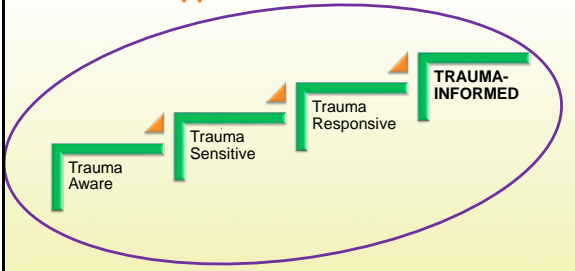
- [Manual for Self-Guided Implementation of TIC](#)
- [Palay, L. \(2021\). The Way Through: Trauma Responsive Care for IDD Professionals](#)
- [Traumatic Stress Institute's Whole-System Change Model to Trauma-Informed Care](#)

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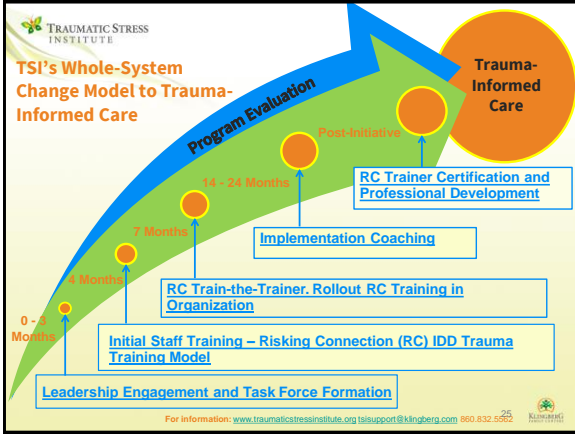
Developmental Framework for Trauma-Informed Approaches



The Missouri Model: A Developmental Framework for Trauma-Informed Approaches

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Risking Connection Trauma Training

- Foundational trauma training for staff
- Tailored for IDD sector specifically
- Provides framework for understanding the impact of trauma on problem behavior
- Promotes RICH relationships – Respect, Information, Connection, and Hope
- Emphasis on compassion fatigue and staff self-care

Risking Connection IDD Basic Training (Virtual)
June 14-15, 2021

[For Information and Registration](#)

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Pilot TIC Learning Collaborative for IDD Organizations

- First-of-its-kind
- 18-month initiative (May 2021- November 2022)
- 4 IDD organizations from across the US
- All implementing TSI's Whole-System Change Model
- Led by Faculty expert team
- Use of Learning Collaborative method
- Formal research on the initiative

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Participating Organizations

- **Ariel Clinical Services** (Grand Junction, Colorado)
- **Campagna Academy, Inc.** (Schereville, Indiana)
- **People Inc.** (Williamsville, New York)
- **Adelbrook Behavioral and Developmental Services** (Cromwell, Connecticut)



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Pilot - Faculty Expert Team



Steve Brown, Psy.D.,
Director, Traumatic Stress Institute of Klingberg Family Centers



John Keesler, Ph.D.,
Assistant Professor, Indiana University School of Social Work



Karyn Harvey, Ph.D.,
acclaimed speaker, author, primary at Park Avenue Group



Brenda Bryant, LCSW, therapist, Risking Connection Faculty Trainer

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Are You Ready Yet for Trauma-Informed Care?

IDD Organizational Readiness Tool for Trauma-Informed Care (TIC)©

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To get more information about TSI's training and consultation, click here:

<https://www.traumaticstressinstitute.org/request-wsc-consultant/>

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Questions?



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